

ATTITUDE OF GRATITUDE DURING A CRISIS

Attitude of Gratitude during a Crisis:

I'm now a woman in my seventies and have had ample time to adjust to growing older. In a youth oriented culture, there are the "looks" and words that one gets that jolt you back to the reality of the age factor. There are the times at the doctor's office that you get the "living will" information and are administered "memory tests."

But now during the coronavirus crisis there has been a different jolt. The great sacrifices, accompanied by respect and love for the older generation, are very evident. Plans have been canceled, businesses closed, and on and on in large part for the protection of the older generation and the most vulnerable among us.

Thank you everyone for those sacrifices. You will be blessed for the kindnesses shown during this crisis time. My attitude has been helped as well.